

RESOLUTION NO. 12902

AFFIRMING ACTIVITY-FRIENDLY COMMITMENTS

WHEREAS, the first criteria listed on the Governor's Fit City Application is stated as:

Criteria 1 (required). City must adopt a resolution affirming fit-friendly commitments by community leaders and elected officials.

WHEREAS, *Active Living* is a way of life that integrates physical activity into daily routines. The goal is to accumulate at least 30 minutes of activity each day. Individuals may do this in a variety of ways such as walking or bicycling for transportation, exercise or please; playing in the park; working in the yard; taking the stairs; and using recreation facilities; and

WHEREAS, the City of Austin affirms activity-friendly commitments such as:

- Develop a cohesive system of parks and trails, incorporating accessible neighborhood parks,
- Require that neighborhood streets be designed with pedestrians and bicyclists in mind (e.g., by using design guidelines).
- Support recreation programs that encourage active living.
- Ensure that physical activity facilities (youth/senior centers, trails, etc.) are accessible and affordable.
- Locate schools in walkable neighborhoods or create walkable routes to existing schools.

NOW THEREFORE, BE IT RESOLVED, that the City of Austin is committed to providing an activity-friendly community to its residents and authorizes the application for The Governor's Fit City Program

Approved by the Austin City Council this 6th day of February, 2006.

YEAS 7

NAYS 0

ATTEST:

APPROVED:



City Recorder



Mayor