



Simplify your life with **free healthcare.**

Access doctors and therapists by phone, video, or app.



Be your **Healthiest You**

Take control of your health. Download the app to start using your free healthcare services.



Talk to a doctor 24/7 **\$0 visit fee**

Speak to a licensed doctor by phone or video 24/7 from anywhere



Expert Medical Services **\$0 visit fee**

Receive a second opinion on an existing diagnosis and treatment for any condition



Behavioral Health **\$0 visit fee**

Talk to a therapist seven days a week from wherever you are



Back Care **\$0 visit fee**

Relieve your back pain through guided videos with a certified health coach



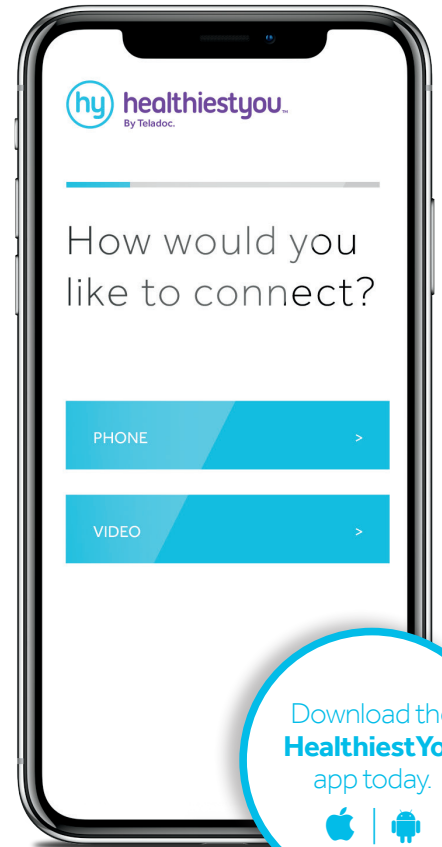
Dermatology **\$0 visit fee**

Upload photos of your condition to the app and get a treatment plan from a dermatologist within two business days



***NEW - Nutrition \$0 visit fee**

Connect with a certified dietitian and start meeting your nutrition goals today!



Download the app for access to free and easy healthcare

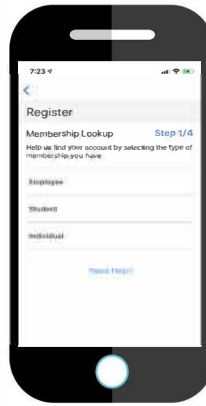
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How to register and get started with HealthiestYou!



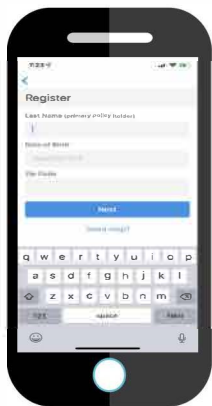
Step 1

- Search and download “HealthiestYou” or “HY” in the app store or Google Play! Available on your iPhone or Android devices!



Step 2

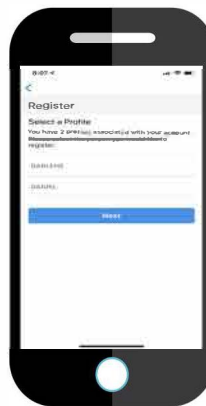
- Select “First time here? Register Now”. Select employee as your membership type.



Step 3

Enter the Primary Member's Information:

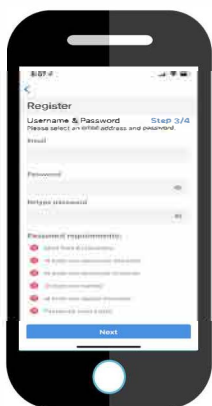
- Last Name
- D.O.B.
- Zip Code



Step 4

A list of names associated with the account will appear. Select your name.

- Dependents under 18 will appear on the primary member's profile.
- Dependents over 18 will need to register their own account with a separate email.



Step 5

- Enter in a valid email address and password.
- Password must meet the listed requirements.



Step 6

Enter in the best number to reach you. Our doctors will use this number to contact you.

- Select your preferred language. Click “I Accept Terms & Conditions.”
- Click Finish.

Download the App Today!

member.healthiestyou.com

Need A Doctor? 866-703-1259 x1

Account Help? 866-703-1259 x3